

News

School Nurse and School Health Services

Iowa Department of Education

January 2012

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Iowa Department of Education School Nurse Web Page

The Department of Education School Nurse web page address is

http://educateiowa.gov/index.php?option=com_content&view=article&id=1729&Itemid=2527. The web page includes an overview, school entry health requirements, resources, and links. The overview contains a description of Iowa School Nursing, tenets, standards, and school health entry requirements. The resources include child abuse, allergies, Americans with Disabilities, bed bugs, bloodborne pathogens, clinical laboratory law, concussion, data, delegation, exclusion from school due to illness, special needs, IHP, IEP, influenza, laws, LPN, mailing list, Medicaid presumptive eligibility, medication management, medication toolkit, mental health, news, school health council, school health records, and status epilepticus. The links contain additional resources.

Iowa School Nurse Connect Pro Webinar: Family Educational Rights and Privacy Act (FERPA)

Wednesday January 11, 2012, 9:00 am-10:00 am will present information for the school nurse to learn and understand FERPA and to facilitate school staff education. To join the meeting from your computer go to

<http://iowa.adobeconnect.com/r9131vj9x7r/> click in the circle before the word guest, enter your name in login (no password needed), click on enter room to join the webinar. Please bring your district annual FERPA notification and annual Directory notification to the webinar. Nursing Continuing Education is not available. Test your connection to see if you need a new Adobe Connect Add-In at http://iowa.adobeconnect.com/common/help/en/support/meeting_test.htm

Iowa School Health Services and the Licensed Practical Nurse in the School

The Iowa Licensed Practical Nurse may practice in the school setting in two ways, as delegated and supervised by a Registered Nurse in the same building or provide specific individual student services (one-on-one) following the student's health plan as delegated and the supervision level determined by a Registered Nurse employed by the school district.

- The Iowa Code and the Iowa Administrative Code govern the delivery of safe, effective and accessible student health services in Iowa Schools.
- Iowa Code 152 and 655 Iowa Administrative Code, Chapter 6 address the definition and the scope of practice of the Licensed Practical Nurse (LPN).
- A LPN shall practice supportive and restorative care under the supervision of a registered nurse (RN) or physician [655 IAC, Chapter 6, 6.3(1)].
- A LPN shall participate in the nursing process by assisting the RN or physician [655 IAC, Chapter 6, 6.3(2)].
- A LPN shall not perform an initial assessment related to procedures/therapies [655 IAC, Chapter 6, 6.3(3)"a"].
- A LPN may practice nursing in the school setting under the supervision of a RN or physician. The RN or physician shall be in the proximate area [655 IAC, Chapter 6, 6.3(7)"b"].
- "Proximate area" means that the RN analyzes the qualifications of the licensed practical nurse in relationship to nursing needs of the client in determining the appropriate distance within the building and the time necessary to be readily available to the licensed practical nurse [655 IAC, Chapter 6, 6.1(152)].
- A LPN may provide nursing care to a specific student following the student's health plan under the supervision of and as delegated by a RN employed by the school district [655 IAC, Chapter 6, 6.6(2)].

Access the Iowa Board of Nursing 655 Iowa Administrative Code, Chapter 6, at <http://www.nursing.iowa.gov>, click on Iowa Law and Administrative Rules and follow the directions. In addition, refer to LPN functions and LPN frequently asked questions and answers.

Iowa School Nurse Data

The 2010-2011 Iowa School Nurse data from Local Education Agency-Public Schools in the Certified Annual and BEDS reports found the number of public school districts was 358, average daily membership 465,569 students, School Nurse (RN) Full Time Equivalent (FTE) 590.66, Ratio Nurse to Students 1/788, and percent of districts reporting a nurse 100%. The October 2010 AEA and state operated programs reported an additional 51.77 Special Education Nurse FTEs.

Iowa School Health Records: Student Cumulative Record Retention

Health records are a part of the school cumulative record, the working record used by school staff in understanding the student. The cumulative record is a continuous and current record of significant information on progress and growth. These records may be in various school locations. Examples of the cumulative school record are school attendance, physical record, and health record¹.

The first consideration is to follow the district cumulative record retention policy and administrative guide. Further considerations for the retention of the cumulative school health record include maintain:

- Immunization records, three years, or provide the immunization record to student at graduation with a letter stating the record importance and to keep the record permanently²,
- Special education records, five years after exit from special education and parent permission³,
- Medicaid billing and documentation, for a minimum of five years from the date when a claim for the service was submitted to the medical assistance program for payment⁴,
- Records two years beyond the graduation date or time student would have graduated,
- Copies of cumulative records when student transfers to another school, send originals, and
- Copies of any records needed to protect from any potential future and former student claims⁵.

Note: District procedure may include a cumulative record review when records are transferred from one level to the next (such as elementary to secondary) and discarding information not needed to understand the student at the next level.

Another source of health information is the Iowa Electronic Student Record. The record contains CPR (yes, no, exempt) and a health information data element (alerting receiver to student health needs). The purpose of the record is to provide adequate information for immediate appropriate placement when a P-12 student leaves one Iowa school district and transfers to another. The health information data element is intended to notify a school nurse where a student transfers to contact the previous school nurse for further information. The health information might be medication administration, allergy, special health service, and others.

References

¹. Iowa Administrative Code (IAC) 281 IAC 12.3(4)

². Iowa Administrative Code 641 IAC 7.8(1)b

³. Iowa Administrative Code 281 IAC 41.624(1-3)

⁴. Iowa Administrative Code 441 IAC 9.3(3)

⁵. Student Records http://educateiowa.gov/index.php?option=com_content&view=article&id=1160:student-records&catid=411:legal-lessons

⁶. Family Educational Rights and Privacy Act (FERPA) 20 U.S.C. § 1232g and CFR Part 99 http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse_usc&docid=Cite:+20USC1232g and <http://www2.ed.gov/policy/gen/reg/ferpa/index.html>

Report Highlights Obesity in Special Needs Children

Finding Balance: Obesity and Children with Special Needs highlights the need for a focus on special needs children and obesity. The study found children with special needs are 38% more likely to be obese and presents practical and carefully researched solutions for families, parents, educators, and the community caring for children with disabilities and special needs. Access the *Finding Balance: Toolkit* at <http://www.abilitypath.org/obesityreport>

Herpes Gladiatorum

Herpes Simplex Virus Type 1 (HSV-1) is a skin infection, primarily seen among wrestlers. The virus spreads by skin-to-skin contact with most outbreaks developing on the head, face and neck, reflecting the typical lock-up position. A raised rash with groupings of 6-10 vesicles (blisters) characterizes the initial outbreak. Sore throat, fever, malaise, and swollen cervical lymph nodes accompany the skin findings. The infected individual should be removed from contact and treated with antiviral medications. They may return to contact only after all lesions are healed with well adherent scabs, no new vesicle formation and no swollen lymph nodes near the affected area. Consideration should be given to prophylactic oral antivirals for the remainder of the season and each subsequent season. Source: IHSAA

<http://www.iahsaa.org/wrestling/index.html>, Sports Related Skin Infections, Position Statement and Guidelines, National Federation of State High School Association (NFHS), Sports Medicine Advisory Committee (SMAC)

http://www.iahsaa.org/Sports_Medicine_Wellness/Comm/NFHS_Skin_Infections_Position_Statement.pdf The AAP Red Book recommends cleaning mats with a fresh household bleach mixture (one quarter cup of bleach to 1 gallon of water) for a minimum contact time of 15 seconds at least daily and preferably between matches. Despite these precautions HSV spread during wrestling and other close personal contact sports still can occur through contact with asymptomatic infected people.

Calendar 2012

April 19-20 Annual Iowa School Nurse Organization Conference, Hotel at Kirkwood, Cedar Rapids.

June 23-26 National Association of School Nurses Annual Conference, San Francisco, California

July 17 Blank Back to School Nurse Conference, Des Moines

October 4-5 University of Iowa School Nurse Conference, Sheraton Hotel, Iowa City

October 10-13 American School Health Association Annual Conference, San Antonio, Texas

Resources

Animals in School The *Compendium of Measures to Prevent Disease Associated with Animals in Public Settings, 2011* provides standardized recommendations to control disease associated with animals in public settings including handwashing and animals in schools (Appendix C and D). Access the *Compendium* at <http://www.nasphv.org/Documents/AnimalsInPublicSettings.pdf> The school health advisory committee (including school and community representatives) could advise and direct a school guide.

IDPH <http://www.idph.state.ia.us/IDPHChannelsService/file.ashx?file=F8E55705-04E2-41F7-99CC-6FA6AED97543>

CDC <http://www.cdc.gov/Features/AnimalsInSchools/> and <http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5805a5.htm>

Authorization for Exchange of Information and Authorization for Release of Health and/or Educational Information Forms

Pages 145-150 http://www.iowaidea.org/pages/uploaded_files/Documentation%20Guide%20July%201%202011%20revised.pdf

Automated External Defibrillator (AED). Previous laws were rescinded. The only current AED Iowa Administrative Code follows:

‘641—143.12(135) AED maintenance. The person or entity maintaining the AED shall:

143.12(1) Ensure that the AED is maintained and inspected in accordance with the manufacturer’s guidelines.

143.12(2) Maintain records of all maintenance and inspections of the AED for the usable life of the device.

143.12(3) Ensure that the AED is programmed to conform to nationally accepted guidelines for treatment of cardiac arrest patients.

Bed Bugs

Iowa Department of Public Health Bed Bug fact sheet http://www.idph.state.ia.us/eh/healthy_homes.asp

Linn County Bed Bugs School Plan http://www.linncounty.org/content.asp?Page_Id=1130&Dept_Id=17

Polk County Public Health [School Response Guidelines for Bed Bugs](http://www.polkcountyiowa.gov/health/Pages/Bedbug.aspx) <http://www.polkcountyiowa.gov/health/Pages/Bedbug.aspx>

Center for Disease Control and Prevention <http://www.cdc.gov/parasites/bedbugs/>

The school health advisory committee (including school and community representatives) should advise and direct a school response.

Center for Disabilities and Development Disability Resource Library Packets for parents Down Syndrome (ages 0-3 and 4 and older), Spina Bifida, Autism Spectrum Disorders, and ADHD, <http://uihealthcare.org/cdd>, 1-800-272-7713

Epidemiology of Common Communicable Diseases IDPH poster guideline order at

http://www.drugfreeinfo.org/state/cart.php?target=product&product_id=17047&category_id=295

First Aid

American Academy of Pediatrics (AAP) First Aid wall chart 11X17 available to purchase at <http://www.aap.org> select AAP Store, Go to AAP Bookstore, and enter first aid. The chart has first aid and the latest choking and CPR guidelines.

Emergency Guidelines for Schools-3rd edition <http://www.aap.org/sections/schoolhealth/EmergencyGuidelines2007.pdf>

Emergency Information and Preparedness for Children with Special Health Care Needs <http://pediatrics.aappublications.org/content/125/4/829>

Fleas <http://www.nlm.nih.gov/medlineplus/ency/article/001329.htm> Note the pictures and click to enlarge. Enter fleas in the Search Medline Plus box for more resources.

Head Lice

IDPH Epi Manual http://www.idph.state.ia.us/idph_universalhelp/main.aspx?system=IdphEpiManual scroll to and click on information on other diseases, scroll to lice fact sheet and lice prevention and control for schools

AAP <http://pediatrics.aappublications.org/content/126/2/392.full.pdf+html>

CDC <http://www.cdc.gov/parasites/lice/head/>

Healthy Iowans Watch for the release of topic area-healthy living, healthy growth and development, proposed objective ‘by 2016, the average daily attendance rate for Iowa Public Schools kindergarten to grade 8 will increase from 95.5% (2010) to 96%’, strategy ‘School Nurses promote wellness, health, disease prevention, and facilitate health services to increase student attendance. Decreasing the ratio of one School nurse from 788 students (2010) to 1/750 students by 2016 will allow improved health and wellness promotion activities’, and incorporate into your future planning.

Iowa Board of Nursing Iowa-Continuing Nursing Education Requirements The Iowa Board of Nursing website contains information on what qualifies as continuing nursing education. A form may be submitted to the board to approve an offering. Offerings not requiring special approval are offerings attended outside of Iowa or offered as self-study when approved by other state boards of nursing with mandatory continuing education requirements or offered by the American Nurses’ Credentialing Center (ANCC) and the National League for Nursing. In addition, to qualify for continuing education credit, programs must meet the qualifications of the appropriate subject matter as specified in Iowa Administrative Code and the licensee shall retain a certificate to verify completion of each informal offering for a minimum of four years (655 IAC 5). Iowa Board of Nursing website http://www.iowa.gov/nursing/continuing_ed/what_qualifies.html More information under continuing education, board information.

Iowa Board of Nursing History of Nursing in Iowa http://www.iowa.gov/nursing/general_info/history.html

Iowa Gold Star Cycle Menus Tools include recipes, shopping list, nutritional analysis, produce merchandising, and food preparation guides at http://educateiowa.gov/index.php?option=com_content&view=article&id=2162:iowa-gold-star-cycle-menus&catid=440:nutrition-program-learning-tools&Itemid=446

Iowa School Nurse Mailing List: The Iowa School Nurse (iowasn) Mailing List is a communication tool for Iowa School Nurses. The mailing list is the Department of Education link with school nurses allowing the Department and Nurses to communicate via email messages. Iowa School Nurses can use the mailing list to request information, share news and initiatives, and receive news. School nurses joining the iowasn mailing list will add their email address to the online school nurse mailing list and can send messages to all members at any time. Posted messages automatically go to everyone on the list, over 630 school nurses.

To join the mailing list, send a blank email to: Join-iowasn@lists.ed.iowa.gov

To cancel the mailing list, send a blank email to: leave-iowasn@lists.ed.iowa.gov

To send a message to other school nurses on the list, type title in subject, message in the body, and send to: iowasn@lists.ed.iowa.gov

No other commands are necessary and joining is free. *Note: When sending a message please include your school, address, phone number, and a resource you found for your question/comment. The person asking a question summarizes the responses then sends the summary to the list. **When you send a message, remember there are over 630 individuals on the list. Please do not send personally identifiable confidential information. Send only information you would like to see on the first page of your local newspaper.***

National Survey of Children's Health Latest U.S. and Iowa statistics <http://childhealthdata.org/>

National Survey of Children with Special Health Care Needs <http://childhealthdata.org/learn/NS-CSHCN> Snapshot of Iowa

Scabies

IDPH Epi Manual http://www.idph.state.ia.us/idph_universalhelp/main.aspx?system=IdphEpiManual scroll to and click on information on other diseases, scroll to scabies chapter and scabies fact sheet

CDC <http://www.cdc.gov/parasites/scabies>

School Nurse Substitute There are no laws on requirements for school nurse substitutes. It is recommended a copy of the RN license be on file at the school. A copy of a recent healthy physical exam may also be considered for long term employment.

School Outcomes of Children with Special Health Care Needs <http://pediatrics.aappublications.org/content/128/2/303.full.pdf+html>

Volunteer definition 281 Iowa Administrative Code 12. 12.4(16) Volunteer. A volunteer shall be defined as an individual who, without compensation or remuneration, provides a supportive role and performs tasks under the direction, supervision, and control of the school or school district staff. A volunteer shall not work as a substitute for or replace the functions and duties of a teacher as established in subrule 12.4(8). The Iowa Quality Preschool Program Standards (IQPPS) implementation guide for 4 year olds http://educateiowa.gov/index.php?option=com_content&task=view&id=681&Itemid=1571 Standard 10.17 lists health requirements for a volunteer working more than 40 hours per month and having contact with the children. If you have volunteers in the IQPP please review the standard.

Weather National Oceanic and Atmospheric Administration (NOAA) Find the new wind-chill temperature index, frostbite times, and wind-chill calculator at <http://www.nws.noaa.gov/om/windchill/> Go to <http://www.weather.gov/> to locate your local weather, click on Iowa and click on the area you live in to access local weather.

CDC winter weather outdoor safety <http://www.bt.cdc.gov/disasters/winter/duringstorm/outdoorsafety.asp>

AAP winter safety tips <http://www.healthychildren.org/English/news/Pages/Winter-Safety.aspx>

Winter storm disaster fact sheet <http://www.healthychildren.org/English/safety-prevention/at-home/Pages/Winter-Storm-Disaster-Fact-Sheet.aspx>

Websites: Department of Education (DE) <http://educateiowa.gov>

DE School Nurse http://educateiowa.gov/index.php?option=com_content&view=article&id=1729&Itemid=2527

Department of Public Health (IDPH) <http://www.idph.state.ia.us>

Department of Human Services (DHS) <http://www.dhs.state.ia.us>

Iowa Laws <http://www.legis.iowa.gov>

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